



I. PURPOSE

The purpose of the Davis Cheerleaders' is to support Davis High School and promote school spirit while setting an example to the students and athletes at Davis High School. To display great sportsmanship and create great relationships with teammates, students, faculty, staff, other schools and their students. We aim to develop good character and cooperation skills as well as commitment, self-discipline and integrity. To learn and display leadership and friendship by being friendly, inclusive and maintaining high academic standards.

II. MEMBERSHIP

Section 1 — Eligibility

1. Applicants must have and maintain a 2.0 cumulative GPA with no F's or U's.
2. Applicants must be a full-time student at Davis High School or plan to attend (variance cleared)
3. Applicants must be able to meet the physical demands that will be placed upon them
4. Former Davis Cheerleaders are required to tryout

Section 2 — Expectations

1. Applicants are students first and athletes second and must make grades and school a priority
2. Applicants are expected to make a commitment to Davis Cheer for the full school year
 - Must be able to attend all practices, performances, and activities
3. Applicants must download the BAND app, if selected
4. Outside competition teams are NOT allowed

Section 3 — Expenses

1. According to the Davis District Fee schedule, the cost of being a Davis Cheerleader is **\$1,200**. All payments must be made in accordance with the payment schedule.
 - **\$1,195** – Uniforms, Apparel, Camp, Choreography, Gifts, Coaches Pay
 - **\$5.00** – Drug Testing Fee
 - **\$2000** – Extended Travel (Excluding Food)
2. If money is owed after the payment deadline, uniform will not be received until payment is made
3. Fundraisers for the team will go into the general cheerleading fund where additional items are purchased
4. Refunds will **NOT** be given if a member decides to quit or is dismissed from the team

III. RULES

Section 1 — Attendance

- A. Any member who is unable to attend a cheer function must inform the coaches in advance, however that

does not make you excused and there will be a penalty for missing. Exceptions to this would be:

1. Excused Absences
 - Extreme personal illness (doctor's note required)
 - Death in the family
 - Wedding of an immediate family member
 - School related activities (meeting with teachers/test/etc.)
2. Prearranged vacations must be disclosed at the Post-Tryout Parent Meeting and discussed with the coaches to determine any necessary actions
3. Injury and being sick do not excuse you. You are still required to dress, attend practice & games. You will not be required to participate, but you will need to be in attendance
4. If a member is absent when preparing for a performance, they may be dropped from the routine whether the absence is excused or not
5. Missing any event, the week of a performance/game will remove you from the routine and bench you for the next game
6. Summer Practice
 1. You are expected to attend the Kaysville City Parade
7. Mandatory Dates
 - Stunt Safety Clinic- TBD
 - Golf Tournament – June 10th (1 adult or parent is also required to attend)
 - Cheer Camp – July 29th-August 2nd
 - 4th of July Parade – July 4th
 - All of practices

Section 2 — Grades

- A. Members will participate on a point system basis, where it will be graded like a normal class. Academic Grade will be based on demerits. Coaches reserve the right to give points where/when appropriate.
 - A = 0-3 Points
 - B = 4-6 Points
 - C = 7-9 Points
 - D = 10-12 Points
 - F = 13 or more
1. If member receives below an A at midterm, parents will be notified
2. If member receives more than 10 points, they will be suspended from participating and a parent/cheerleader meeting will be set up
3. Points cannot be made up, they will start over each term

Section 3 — Weebly Calendar

The calendar located on the Weebly, is a high level of our events and is subject to change. If you make the team, a detailed monthly calendar will be provided.

Section 4 — Rules of Conduct

Everything you say and do reflects Davis High School and our cheer team. Cheerleaders should be aware that in or out of uniform they are representatives of the Davis High School. Cheerleading is a privilege, and you are to be a high moral character and an example to fellow students and community members.

1. All standards and policies of both Davis High School and the Davis School District must be upheld.
2. All cheerleaders must follow the Davis High School dress code policy.

3. Do not cheat, lie, steal, participate or support illegal activity.
4. Absolutely no drinking, smoking, attending parties where alcohol or drugs are used.
5. Bullying of any kind will not be tolerated. This includes social media.
6. Any member sending pornographic images will be immediately dismissed.

Section 5 — Probation

Probation will be a 2-week period in which the squad member is not allowed to perform at any event but is required to attend the event. During this time, the member must attend and participate in every practice and meeting but is not allowed to perform.

1. Demerit Probation
 - 10 or more points will result in probation
2. Academic Probation
 - Member's GPA is below 2.0 and probation will continue until the next term's grades are finalized and a 2.0 GPA or higher is achieved.

Section 6 — Outside Activities

Being a Davis Cheerleader requires a great deal of time and significant commitment. This team must be the member's first priority outside of school. Jobs and other extra-curricular activities must not interfere.

IV. PRACTICE, APPEARANCE, & COMPETITION TEAM

Section 1 — Practice

1. Practice is held 5th period (B-days) from 6:00-8:00am.
2. After school practice is held Thursdays from 5:00-8:00pm
3. Practice will be held on Saturday's September through February, with additional practices as necessary
4. Phones will be turned in at the beginning of each practice
5. Members should be on time and dressed in the proper attire
 1. Team will run if any member is late
 2. No Gum/Jewelry/Phones on the mat
6. Jobs are not an excuse for missing a practice or performance
7. All practices are closed to friends and parents.

Section 2 — Appearance

Members are expected to adhere to the weekly clothing schedule for all events. Points will be given if the member is not in the correct attire. Demerits will be given if the wrong uniform is worn or any piece of the uniform is forgotten/lost.

1. If any item is lost/damaged, cheerleader is responsible to purchase a new item
2. Cheerleaders are expected to look game day ready at all games/performances
 - a. Having all required items/Wearing Makeup/No Bra Showing/Clean Uniform/Hair done correctly

Section 3 — Competition Team

1. At the coaches' discretion, a select number of team members will be selected for the competition team

2. All members in good standing may try out. Coaches will pick the performing or competing team based on skill.
 - The coaches have the authority to select an alternate to take the place of a member who has not been doing their skills to the best of their ability. The coaches will give a verbal warning before removing a girl from the competition routine. For example; tumbling decreases, work ethic, or a bad attitude.
3. Members not chosen will be considered alternates and are required to learn the material, be at all practices, and attend performances and competitions
4. National competition will be an option at the discretion of the administration
5. UHSAA sanctioned competition season will be held November 1st- end of January
6. The competition team will compete in 4 sanctioned competitions, a regional qualifier and state finals, dates TBD.
7. All cheerleaders are required to fill out all required UHSAA documents and register on RegisterMyAthlete
8. All cheerleaders must follow all UHSAA by-laws

V. TRAINING

All members are highly encouraged to take a tumbling class each week during the summer and school year. They're also encouraged to turn in monthly attendance slips from the studio where they train.

IV. PARENT COMMITMENT

Being the parent of a Davis Cheerleader is a substantial and important commitment, as well. Parents not only commit to supporting their child in her responsibilities and obligations, but also the following:

Section 1 — Team Spirit and Activities

Throughout the year, it will be necessary to build excitement and team spirit. Parents will be asked to:

1. Help decorate locker room and trophy case
2. Participate in team breakfast/lunch/dinners
3. Help with other team activities

Section 2 — Fundraising Participation

Parents agree to participate in and volunteer at all fundraisers throughout the year.

Section 3 — Transportation

1. Getting to and from practice, home games, cheer activities stunt clinics, etc. are parents' responsibility
2. Members are required to ride to and from team events assigned by a parent carpool with the team

Section 4 — Team Meals

1. Parents are required to sign up to help provide one monthly team lunch/breakfast.
2. Occasionally snacks and team lunches are needed for long practices. Sign-ups will be provided.

Section 5 — Being Respectful of Coaches

1. Parents are to be respectful of coaches and their decisions.
2. If parents have questions, the door is always open to ask. Be respectful of the coach's time. Parents can

call Whitney from 8:00 am to 6:00 pm. If there is a true emergency outside of these hours, please call 911.

3. Expectations are that the MAJORITY of direct communication will be between the coaches and cheerleaders. Please have your child discuss with the coach or refer to the communication on the Band App. or emails sent out. Please communicate with your child before reaching out, they will likely know the answer.
4. Points will be given for disregarding the above chain of communication.

Penalty	Demerit Points	Consequence
Hazing, bullying, gossiping, disrespectful behavior, towards team/classmates or coaches	10 Points	Automatic Probation
Missing a Football/Basketball Game/Performance (Only excused by Wedding, Funeral & Serious Illness')	5 Points	Will sit next 2 games
Missing practice week of a performance/competition (Only excused by Wedding, Funeral & Serious Illness')	5 Points	Pulled from routine, will sit 1 game
Missing any Mandatory June Date or Missing more than 5 Days in June	5 Points	Will sit Brown & Gold Game Will be pulled from halftime performance
Missing any Mandatory August Date(s)	5 Points	Will sit first football game(s)
Missing AM/PM Practice-More than 30 minutes late is considered missing (Vacation, Appointment, Sleeping In)	3 Points	Will sit 1 game per missing practice
No Show/Not communicating with the coach	3 Point	TBD
Incorrect Clothing at a Game/Practice (Uniform, Bow, Bra showing, wrong spanx, wrong hair, team clothing item, etc.)	2 Points	Will sit half the game/practice (Only if proper attire is presented, if not will sit entire game/practice/performance)
Forget Poms, Bow, Uniform, etc. at a Practice/Game/Performance	2 Points	Will sit half the game/practice (Only if proper attire is presented, if not will sit entire game/practice/performance)
Not in cheer lines by game time	2 Points	Will sit for a quarter
Excessive Talking during a game (If coaches have to remind you)	2 Points	Will sit for a quarter
Leaving a practice/game/performance early	2 Points	Will sit half of the next practice/game
More than 15 minutes late to a game/practice	2 Points	Will sit half of the next practice/game Team will run
Not checking the band app	1 Point	TBD
Less than 15 minutes late to game/practice	1 Point	Will sit 15 minutes/quarter of the next practice/game Team will run
Wearing Jewelry/Chewing Gum/Not turning phone in	1 Point	Team will run
Not participating	1 Point	TBD
Summer Tardies	1 Point per tardie	If more than 4 in June, you will be pulled from the football halftime performance Team will run



STUDENT

As a potential member of the Davis Cheer Team, I have read the Constitution and understand that I will be governed by the stated rules and regulations. Failure to do so will result in my immediate dismissal from the team. If I become a Davis Cheerleader, I am aware of my responsibilities, necessary personal conduct, and financial and time commitments required in order to fully support the cheer team program at Davis High School.

Student Signature

Date

PARENT

As a parent of a potential member of the Davis Cheer Team, I have read the Constitution and understand that my child will be governed by the stated rules and regulations. Failure to do so will result in the immediate dismissal from the team. If your child becomes a Davis Cheerleader, I am aware of my responsibilities, financial commitments, and time commitments required in order to fully support the cheer program at Davis High School.

Parent Signature

Date